



St. John Ambulance

SAVING LIVES
at work, home and play

The enclosed information and offer is presented by
St. John Ambulance NS/PEI specifically for:



Horticulture Nova Scotia

c/o

Marlene Huntley, Executive Director

Marlene@horticulturens.ca (902) 678-9335

Standing Offer valid through December 31, 2026

Renewable annually based on same discounts applied to existing general public rates

Questions? Call us at 1-800-565-5056 or contact one of the associates listed below for assistance:

Business Development

Jason Brachvogel
Manager of Business Development
jason.brachvogel@sja.ca
902.377.2405

Course Fulfillment

Darlene Churney
Manager of Client Services
darlene.churney@sja.ca
902.377.2200

Product Fulfillment

First Aid Kits & AEDs
Product Specialists
ns.safetyproducts@sja.ca
902.377.2402

Learning Opportunities

Iyad Mansour
Director of Learning/Training
iyad.mansour@sja.ca
902.377.2403

Thank you!

sja.ca



St. John Ambulance

Proceeds from St. John Ambulance training programs, first aid kits and AEDs support our local Community Services:

First aid response

Each year, close to 300 trained volunteers provide over 30,000 hours of available medical first response at local community gatherings, sporting and recreational events across Nova Scotia and PEI.



Community emergency response program

St. John Ambulance plays a vital role in the critical areas of emergency preparedness and response across Canada when a natural or human disaster strikes.

Therapy dog program

In Nova Scotia and PEI, over 400 volunteer Therapy Dog Teams bring over 3,000 hours of comfort, joy and companionship to children, adults and seniors, by visiting them at home, in the community or at institutional settings.



Youth programs

Youth are given the opportunity to develop into confident and skilled members of their community through health and safety oriented training such as our *LifeSmart* program, as well as community-based volunteer service and leadership opportunities.

For services in Nova Scotia or PEI, call 1-800-565-5056 or visit www.sja.ca for more information.

Nova Scotia Office

72 Highfield Park Drive,
Dartmouth, NS B3A 4X2

Cape Breton Office

201 Churchhill Drive, Suite 304
Membertou, NS B1S 0H1

Prince Edward Island Office

410 Mt Edward Road,
Charlottetown, PE C1E 2A1

Volunteer
Request
Form:





St. John Ambulance

Premium First Aid Certification Programs

SJA is pleased to offer our premium First Aid training programs at special rates for all Horticulture Nova Scotia staff, members, and volunteers.

Basic (Emergency) First Aid, CPR-C & AED

Description:	Designed to comply with the CSA Z1210-24 Standard. (Click for info) Meets OHS and WFA standards. 3-Year certification. Recertification available*.		
Duration/Format:	1 Day (6.5 hours + breaks) for 12-18 attendees.		
Pricing:	General Public:	\$130 pp	HNS: \$104.00 + NO HST

Intermediate (Standard) First Aid, CPR-C & AED

Description:	Designed to comply with the CSA Z1210-24 Standard. (Click for info) Meets OHS and WFA standards. 3-Year certification. Recertification available*.		
Duration/Format:	2 Day (13 hours + breaks) for 12-18 attendees. Blended (online/in person) available.		
Pricing:	General Public:	\$165 pp	HNS: \$132.00 + NO HST

* Recertification must be completed prior to expiry date; back-to-back recertifications are not permitted; not subject to discount.

Opioid Poisoning Response Training (OPRT)

A trauma-informed approach to opioid poisoning awareness. Provides instruction on stigma and harm reduction, how Naloxone works in the brain, administering both Nasal and Intramuscular Naloxone, and self-care after a traumatic event.

Duration/Format:	90 minutes, Virtual or In-person (instructor-led); 1-25 attendees (no minimum)		
Pricing:	General Public:	\$55 pp	HNS: \$44.00 + NO HST
	Group Fee:		\$400 group fee when added to an existing first aid class

TO BOOK:

Contact us directly to apply discounts – ns.info@sja.ca or 1.800.565.5056

First Aid Products

First Aid Kits & Supplies

We recommend all employees have immediate access to CSA-compliant first aid kits and related supplies. HNS will receive 15% off listed retail price of SJA First Aid Kits and supplies. Other bulk or special packages may be available through our office.

Visit shopfirstaid.ca and use discount code **NSFARMS15OFF**.

AEDs & Supplies

Fact: AEDs help save lives. With the purchase of any AED, HNS will receive 50% off an AED display wall cabinet (value appx. \$135) OR a FREE CPR response kit (value appx. \$35). Other incentives or discounts for combined orders may be available at time of purchase. Contact us for availability and options.

Product assistance is available via ns.safetyproducts@sja.ca or 902.377.2402

Contact our offices for booking or further information: ns.info@sja.ca | 1-800-565-5056 | sja.ca



St. John Ambulance

Mental Health & Wellness for the Workplace Programs

SJA is pleased to offer our workplace mental health and wellness training programs at special rates for Horticulture Nova Scotia staff and member companies.

Mental Health & Wellness - Peer to Peer

This course was developed with assistance from the TEMA Foundation to help all people in any work or team environments to better recognize when a colleague is experiencing mental health distress. Participants will better recognize the signs of possible mental health injuries and how/where to get help.

Duration/Format: 1 Day (6.5 hours + breaks) virtual or in-person for 10-25 attendees ([click for info](#))

Format/Pricing: **In-person:** General Public: \$175 **HNS: \$148.75 + NO HST**
Virtual: General Public: \$160 **HNS: \$128.00 + NO HST**

Mental Health & Wellness - Managers & Leaders

Similar to our "Peer to Peer" program, this course is designed for managers and leaders, across any industry, who are looking for tools on how to better recognize signs of distress amongst their team, respond to an employee experiencing mental health concerns, and create a culture of psychological safety in their workplace.

Duration/Format: 1 Day (6.5 hours + breaks) virtual or in-person for 10-25 attendees ([click for info](#))

Format/Pricing: **In-person:** General Public: \$195 **HNS: \$165.75 + NO HST**
Virtual: General Public: \$175 **HNS: \$140.00 + NO HST**

Mental Health & Wellness Introduction Presentation/Keynote

This special presentation, designed for large audiences, helps introduce members of your organization to the terms and conditions related to Mental Health & Wellness in the Workplace, and the benefits such a program could have for the organization, their colleagues, and themselves.

Duration: 60-90 minutes for any quantity of attendees (no minimum, typically 50+)

Format: In-person or virtual (Instructor-led) **\$1,500 flat fee + NO HST**

Online Health & Safety Courses

Available online and self-paced.

WHMIS - GHS Standard: \$29.95 (3 Hours)	Click to view
Transportation of Dangerous Goods: \$34.95 (90 min)	Click to view
Medical Terminology: \$280.00 (12-24 Hours)	Click to view
Cannabis Workplace Safety for Employees: \$39.95 (45 min)	Click to view
Cultural Competency in the Workplace: \$44.95 (1.5 - 3 Hours)	Click to view
Infection Control and Prevention for Healthcare Workplaces: \$24.95 (1-2 hours)	Click to view
Respectful Workplace: Preventing Harassment and Violence: \$25.00 (90 min)	Click to view



St. John Ambulance

Terms and conditions

Course Professionalism:

St John Ambulance Instructors are trained through an Instructor Development Program to become experts in teaching the public to become proficient first aiders at work, home or play. All Instructors are provided updated course materials/subject matter and are required to teach the requisite number of courses each year necessary for maintenance of good standing. To ensure appropriate Instructor standards, St. John Ambulance conducts annual course monitoring, refresher training and workshops, student evaluations for each class, and regular instructor communications.

All St. John Ambulance courses meet the regulations of the Nova Scotia Workers Compensation Board, Occupational Health and Safety Act and comply with the CSA Z1210-24 standard. St. John Ambulance is authorized by the WCB OH&S Act to issue first aid certificates and deliver courses in first aid. We are ISO 9001:2015 approved and offer quality products and services to our customers and clients throughout Atlantic Canada. All first aid kits are designed to comply with the CSA Z1220-24 Standard.

Course Attendance:

Minimum of 12 people and a Max of 18 persons for each private course (Basic and Intermediate First Aid). Private classes required for less than the minimum attendees can still proceed, pending the confirmation and acceptance that SJA will be billing based on the minimum requirement of 12 students, unless otherwise noted.

Course Certificates:

Printed and digital course certificates are available for all students. In cases where the student names are provided prior to the class and adequate notice has been given and time permits, course completion certificates will be preprinted and sent with the instructor for distribution at the end of the class, pending completion. If SJA is unable to preprint the certificates due to time constraints, they will be sent out after the course.

Instructors Outside of urban centres:

There are no travel expenses (other than parking) for instructors, provided that SJA has an instructor available in that local area. In the case where we do not have an instructor available at the time of the course, reasonable and economical travel and expenses (mileage, hotels, parking, meals) will be provided in the estimate and are the responsibility of the customer.

Cancellation Policy:

Course fees are non-refundable. Private classes which are cancelled more than 5 (five) business days prior to the scheduled start date, will be subject to a \$50 (+ Tax) administration fee. A private class that is cancelled within 5 (five) business days prior to the scheduled start date, will be subject to a \$250 group cancellation fee. Failure to attend a scheduled class will forfeit the full class fee based on the minimum number of students required.

Payment Terms:

All course bookings to be paid in full, or Net 30 days for invoices with an existing credit account. Credit applications with references must be submitted in advance. Interest charges on overdue invoices may apply.



St. John Ambulance

Keeping our communities safe, healthy and prepared.

St. John Ambulance provides premium basic, intermediate, marine and advanced first aid/CPR/AED training, along with mental health and wellness programs, opioid response training, AEDs and first aid kits and supplies. [Contact us to explore various options.](#)



Premium First Aid Training

Standardized training for basic, intermediate, marine and advanced levels of First Aid, CPR and AEDs for the workplace, school or personal interest. Available as in-class or blended/online.



Mental Health & Wellness

Our *Peer to Peer* or *Manager & Leader* programs help participants better recognize the signs of possible mental health injuries and how/where to get help for coworkers and teammates.



Opioid Response Program

Opioid poisoning is an ongoing crisis affecting people of all ages. Don't be unprepared in a life-or-death situation. Contact us to learn more about Opioid Response Training for your group.



Online Health & Safety

We offer a variety of industry compliance, certification and general awareness online courses, including WHMIS (GHS), Stress Resiliency, Medical Terminology, Cannabis Safety and Hazardous Goods.



AED Units & Supplies

Sudden cardiac arrest can happen to anyone, anywhere at anytime, even to those with no prior symptoms. A quickly accessible Automated External Defibrillator (AED) can save a life.



First Aid Kits & Supplies

Portable, well-stocked and affordable, St. John Ambulance first aid kits are the perfect safety choice for home, work, on the road or at sea. Available in various sizes to meet local workplace regulations.

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